

## Town Of Weston

Weston Parks & Recreation Department, 47 Norfield Road, Weston, CT

### **Recreation News Column**

March 23, 2018

**For Further Information Please Visit Our Website**

**[www.westonct.gov/parksandrec](http://www.westonct.gov/parksandrec)**

Prior to registration online make sure you have updated your household account for 2018 school year. Review your family's household account with your child's current age, grade, address, phone number, etc. You will not be able to complete the online registration for any program if you do not do this.

See the website [www.westonct.gov/parksandrec](http://www.westonct.gov/parksandrec) for more information.

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#### **\*\*\*SUMMER CAMP REGISTRATION IS HERE!!!\*\*\***

Summer camp registration has begun online and in the Recreation office. Junior Eagle Day Camp (children ages 3 – 5 years), Soaring Eagle Day Camp (children presently in gr. K through entering gr. 3 in Sept.) and Sports Camp (children entering grades 3 through gr. 8 in Sept.). You may view the flyers and get more detailed information on [www.westonct.gov/parksandrec](http://www.westonct.gov/parksandrec) .

#### **\*\*\*SPRING PROGRAM REGISTRATION IS OPEN!\*\*\***

Spring program registration has begun online and in the Recreation office, if space is available. Preschool classes, adult classes, after school classes, tennis classes and Spring Break offerings will all be available. You will also find on our website video tutorials to help with your registration. Program questions should be directed to Program Director, Joe at 203-222-2675.

#### **\*\*\*WEEKDAY SPRING PRESCHOOL, HURLBUTT & WIS SWIM CLASSES\*\*\***

Weekday spring swim classes held at the Weston Middle School pool will be offered in March. Please view our swim flyer on website for more detailed information. Bus service will be available for Hurlbutt and WIS students. Registration has begun. Limited space.

#### **\*\*\*SPRING SATURDAY & SUNDAY SWIM CLASSES\*\*\***

Swim classes held on Saturday and Sunday for the spring will begin in April. Registration has begun. Classes begin in April.

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**\*\*\*PUBLIC POOL PERMITS\*\*\***

The Weston Middle School pool is open for public swim. Days/times: Monday, Wednesday and Friday from 6:15 a.m. – 7:15 a.m., Tuesday and Thursday from 8:00 p.m. – 9:00 p.m. and Saturday and Sunday from 2:00 p.m. – 5:00 pm. A permit is required and available in the Recreation office or online. Fees: Weston family, \$150.00, Weston adults or non-adults, \$100.00. Daily drop in fee is \$5.00 per person. Weston seniors (ages 62 and up) is free!!

**\*\*\*POOL - HOLIDAY CLOSINGS\*\*\***

***The Weston Middle School pool holiday schedule is as follows:***

**Friday, March 30<sup>th</sup> - CLOSED**

**\*\*\*SPRINGBOARD DIVING CLASSES – AGES 8 AND UP\*\*\***

Learn how to dive or work on your dives with Coach Patty Nizlek. Classes are offered on Sunday and Monday. Fee: \$150.00 for five classes either day. Registration has begun. For more information contact Patty at [patricianizlek@westonps.org](mailto:patricianizlek@westonps.org).

**\*\*\*LIFEGUARD TRAINING CLASS\*\*\***

A spring lifeguard training class and a LGT recertification class will be offered at the Weston Middle School. Classes have begun. Contact Marta Taddeo at [datamzx412@hotmail.com](mailto:datamzx412@hotmail.com) if interested. You must be 15 years old by completion of the class.

**\*\*\*LITTLE KICKERS – AGES 3 -5 SPRING\*\*\***

Instructor Kerin Whitmore will once again teach this karate class for children ages 3 -5 years. Children will learn the basics of karate, control and discipline through lots of fun games! Day/dates: Wednesday, April 18<sup>th</sup> – May 23<sup>rd</sup>. This class will fill quickly. Don't get closed out.

**\*\*\*LET'S GET MOVIN- PRESCHOOL\*\*\***

Your child will have fun movin' and groovin' in this Preschool class. Dates: April 19<sup>th</sup> – May 31<sup>st</sup>. Fee: \$113.00 for 6 classes. Registration has begun.

**\*\*\*HURLBUTT SPORTS & FITNESS – GRS. K – 2 SPRING\*\*\***

This program reflects some of the schools' PE programs in addition to other activities. Instructor Cathy Klein will offer the Kindergarten program held on Mondays. Fee: \$126.00 for 7 classes. Instructor Wyatt Hallgren will offer grades 1 & 2 programs. Gr. 1 & 2 is held on Wednesdays and/or Thursdays.

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**\*\*\*SPRING BREAK SPORTS & FITNESS MINI CAMP GRS. 3 - 5\*\*\***

Enjoy this spring break camp during April vacation week! Class provides 2 hours of various games, sports and competition. Dates: Monday, April 9<sup>th</sup> – Thursday, April 12<sup>th</sup>. Limited space. Registration has begun. Instructor, Tom Ehret.

**\*\*\*WIS SPORTS & FITNESS – GRS. 3 -5 - SPRING\*\*\***

Instructors, Tom Ehret and Dan Ungar will offer this popular spring after school program for children in grs. 3 – 5. This program allows children to burn off energy while playing PE games and is for all athletic levels. Dates: Monday, April 16<sup>th</sup> – June 4<sup>th</sup>, Tuesday, April 24<sup>th</sup> – June 5<sup>th</sup>, Wednesday, April 4<sup>th</sup> – May 30<sup>th</sup> or Thursday, May 3<sup>rd</sup> – June 7<sup>th</sup>.

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**\*\*\*TRIFITNESS TRIATHLON SPRING KIDS CAMP\*\*\***

Join instructor Pascal Butcher in this Trifitness Triathlon and Duathlon spring break camp! This program is designed to introduce children ages 7 – 14 years old to the sport of triathlon and duathlon. Swimming, cycling and running techniques along with instruction on bicycle safety. Lots of games will be offered too! Dates: April 9<sup>th</sup> – 13<sup>th</sup>. You may register on [www.Trifitness.net](http://www.Trifitness.net).

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**\*\*\*TENNIS – GRS. K – 2\*\*\***

Join instructor Doug Barshop for this popular indoor tennis program. Day/dates: Tuesday, April 17<sup>th</sup> – June 5<sup>th</sup>. Fee: \$170.00 for 8 classes. This class will fill up quickly! Limited space.

**\*\*\*RISE & RUN – GRS. K-2\*\*\***

This morning club gives younger athletes an entry into the popular, fun and healthy sport of running. Children will learn the proper techniques of stretching and warm ups. Dates: April 4<sup>th</sup> – May 30<sup>th</sup>. Time: 7:45 a.m. – 8:15 a.m.

**\*\*\*HIT IT CARDIO BOXING – SPRING SESSION \*\*\***

Get some serious sweat on with this boxing and kickboxing class! Class combines upper and lower body exercises that will leave you feeling fit and strong. Day/Dates: Wednesday, April 25<sup>th</sup> – June 6<sup>th</sup>. Fee: \$175.00 for 7 classes. Instructor: Cyrece Lehrman. Time: 7:00 p.m. – 8:00 p.m.

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**\*\*\*SUMMER ADULT TENNIS LESSONS/LEAGUE\*\*\***

The Weston Parks & Recreation Dept. is interested in offering adult tennis lessons and a tennis league for the summer. Weston residents ages 18 years and older may call 222-2657 for more information, if interested.

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**\*\*\*TRIFITNESS - ADULTS\*\*\***

Reach your best swimming levels for fitness or competitions and swim with us in Weston!  
Thursday: 8:00 p.m. – 9:00 p.m. Saturday: 12:30 p.m. – 1:30 p.m. Fees: drop in \$20.00 or 10 sessions for \$150.00. Register at [www.trifitness.net](http://www.trifitness.net) or mail to [Pascale@trifitness.net](mailto:Pascale@trifitness.net).  
Instructor: Pascale Butcher.

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**\*\*\*AFTER SCHOOL RUNNING CLUB – GRS. 3 - 5\*\*\***

This after school Tri-Fitness running club gives younger athletes an entry into the popular, fun and healthy sport of running. Dates: April 4<sup>th</sup> – May 30<sup>th</sup>. Registration has begun.

**\*\*\*RISE & RUN – GRS. 3 - 5\*\*\***

Instructor Pascal Butcher will offer a morning running club for children in grades 3 – 5. Dates: Monday, April 2<sup>nd</sup> – June 4<sup>th</sup>. Time: 7:45 a.m. – 8:15 a.m. Registration has begun.

**\*\*\*ULTIMATE FRISBEE – GRS. 6 - 8\*\*\***

Join the fastest sport nationally of Ultimate Frisbee! This program is for boys and girls in grs. 6 – 8. Dates: April 17<sup>th</sup> – June 5<sup>th</sup>. Please view the flyer on website for more information.

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